

PreK-Grade 8

MAY 2018 Child Nutrition Program



Monday	Tuesday	Wednesday	Thursday	Friday
	1 <u>Taco Tuesday</u> Shredded Turkey Taco on Soft Shell Red Kidney Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	2 <u>Italian Day</u> Chicken Parmigiana On Slider Roll Steamed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk	3 Hot Turkey Ham Sandwich Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	4 Homemade Baked Ziti Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk
7 Baked Macaroni & Cheese Cucumber Coins, ½ cup Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk	8 Fiestada Pizza Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk	9 <u>Asian Day</u> Sweet & Sour Chicken Seasoned Brown Rice Steamed Broccoli, ½ cup Chilled Peach Cup, ½ cup Choice of Milk	10 Chicken Bites with Ketchup Bread Slice Potato Smiles, ½ cup Steamed Chickpeas, ½ cup Fresh Fruit, ½ cup Choice of Milk	11  Cheese Pizza Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk
14 Three-Bean Chili Seasoned Brown Rice Steamed Carrots, ½ cup Fresh Fruit, ½ cup Choice of Milk	15 <u>Taco Tuesday</u> Turkey Taco on Soft Shell Black Bean Salad, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk	16 <u>Build Your Own Burger</u> Hamburger on Slider Roll American Cheese & Sliced Tomato Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	17 Chicken Smackers & Rotini Pasta Steamed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	18 Potato Crusted Fish Patty on Slider Roll Steamed Broccoli, ½ cup Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk
21 Cheesy Stuffed Bread Sticks with Marinara Sauce Steamed Green Beans, ½ cup Fruit Cup, ½ cup Choice of Milk	22 Chicken and Cheese Quesadilla Steamed Carrots, ½ cup Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk	23 Oven Crispy Chicken with Gravy Dinner Roll Black Bean Salad, ½ cup Mashed Potato, ½ cup Fruit Cup, ½ cup Choice of Milk	24 Chicken Alfredo Pasta Steamed Broccoli, ½ cup Fresh Fruit, ½ cup Choice of Milk	25  Cheese Pizza Carrot Sticks, ½ cup Fruit Cup, ½ cup Choice of Milk
28 Grilled Cheese Sandwich Steamed Carrots, ½ cup Potato Smiles, ½ cup Fresh Fruit, ½ cup Choice of Milk	29 <u>Taco Tuesday</u> Beef Taco on Soft Shell Shredded Lettuce Red Kidney Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	30 <u>Italian Day</u> Chicken Parmigiana On Slider Roll Steamed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk	31 Hot Turkey Ham Sandwich Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	

Available Daily
Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches
A side salad (1 cup) of leafy dark green vegetable is offered daily.
½ cup Fresh Fruit options will be offered daily
Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:
PreK-8 Participants: Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
K-8 Participants ONLY: Fat Free Chocolate milk is available Tuesdays and Thursdays.
ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
ALL FOOD ITEMS MEET USDA: NSLP/SBP REQUIREMENTS.
***=pork item will be substituted with a non-pork item to equate meat/meat alternative**

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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